

## Questions & Answers

*What is USAwrestling?*

**USAwrestling** is the sanctioning body for amateur wrestling in the United States. It offers tournaments and training for wrestlers of all ages.

*Is this team part of the school?*

No, it is a club, offered through **USAwrestling**. However, because we practice at McIntosh Middle School, all school board rules must be followed. We use the title McIntosh Wrestling Federation to recognize the students as McIntosh students or students of the bi-county area. **The School and School board have no responsibility or liability for the McIntosh Wrestling Federation.**

*What is MWF?*

MWF stands for McIntosh Wrestling Federation. This is the club that McIntosh Wrestling is affiliated with. The club is an officially registered and sanctioned club with **USAwrestling**, Future Champions Inc. (FCI), National High School Coaches Association (N.H.S.C.A.), Amateur Athletic Union (A.A.U.), and F.A.W.A. (Florida Amateur Wrestling Association).

*When is practice?*

Practice is at McIntosh Middle School. McIntosh Middle School has provided us with a room to practice in. Practice times are Tuesday and Thursday from **4:30-6:45**.

*Where are the tournaments?*

Most are in Florida, however we do make trips to Chattanooga, N. Carolina, Georgia, and Alabama. For those who qualify there are National tournaments in Tulsa OK, and Reno NV.

*What tournaments are there, and are they required?*

The tournaments are not required, however it is requested that they all be attended if at all possible. The team is hurt when tournaments are missed. **All home tournaments are required!** Parents are required to help run the home tournaments, and wrestlers must stay to help clean up, NO EXCEPTIONS, PLAN IN ADVANCE! Changes in this year's home tournaments will be announced in early September. The State Finals are required, it is the third week of March.

*Are parents required to go the tournaments?*

No, however they are a welcome sight at any tournament. We encourage it whenever possible, yet realize that many tournaments can not be attended because of time restraints. Parents are also encouraged to ride the wrestling bus.

*How do we get to the tournaments?*

The McIntosh Wrestling Federation will provide transportation to the tournaments in the wrestling bus. Fuel donations are always welcome, and there are transportation charges for trips out of state, or over a hundred miles.

**Schedules will be given out as they become available.**

Any questions call Coach Judd at School, 361-6520, or cell phone 920-0357. E-mail at

**[mcintoshwrestling@verizon.net](mailto:mcintoshwrestling@verizon.net)**

**Visit the McIntosh web site at [www.mcintoshwf.com](http://www.mcintoshwf.com)**

**Home - Nov. 15, Dec 13, and Feb 28**